

## Handout 6.2: Process of Positive Behavior Support (PBS)

**Step 1: Establishing a collaborative team and identifying goals**

**Step 2: Gathering information** (functional assessment)

**Step 3: Developing hypotheses** (best guess)

**Step 4: Designing behavior support plans**

- **Behavior Hypothesis:** Purpose of the behavior, your best guess about why the behavior occurs.
- **Prevention Strategies:** Ways to make events and interactions that trigger challenging behavior easier for the child to manage.
- **Replacement Skills:** new skills to teach throughout the day to replace the challenging behavior.
- **Responses:** What adults will do when the challenging behavior occurs to ensure that the challenging behavior is not maintained and the new skill is learned.

**Step 5: Implementing, monitoring, evaluating outcomes and refining plan in natural environments.**