Foundations of the CSEFEL Pyramid Model
Session 2: Social Emotional Development within the Context of Relationships
This curriculum was created by Connected Beginnings Training Institute with funding by the Massachusets Early Childhood Comprected Service Administration. U.S. Department of Public Health, through the Material Child Health Bureau, Health Resources Connected Services Administration. U.S. Department of Health and Human Services. You may reproduce this material for training and Beginnings information purposes.

### **Session 2 Agenda**

- I. Introduction to Session 2
- II. The (CSEFEL) Pyramid Model
- III. Social Emotional Development within the Context of Relationships
- IV. Interactions, Relationships, and Attachment
- V. Developing Nurturing Responsive Relationships
- VI. Wrap up and Evaluation

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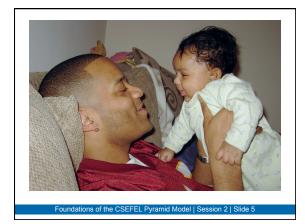
### **Session 2 Learning Objectives**

- Participants will be able to describe the importance of building relationships with infants and young children.
- Participants will be able to describe what is meant by "attachment" in social emotional development.
- Participants will be able to identify strategies for building nurturing and responsive relationships with young children.

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# CSEFEL Pyramid Model Trybia Social Trybia Social



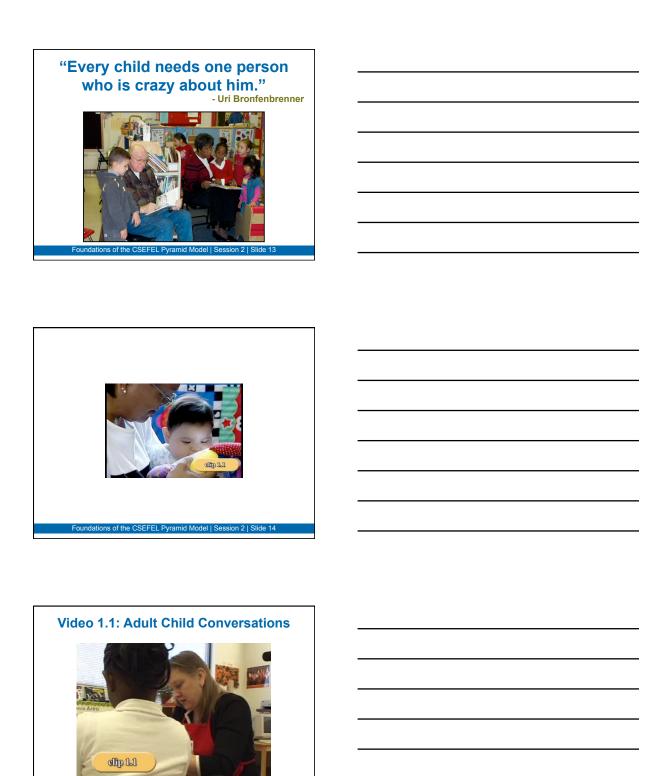
The capacity to form close and trusting relationships with caregivers is critical to a child's developing capacity for:

- Self-control
- Making friends
- · Taking on challenges
- Exploring the environment and becoming an engaged learner

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# **Relationships are Different from** Interactions · Relationships: - Have emotional connections - Endure over time - Have special meaning between the two people - Create memories and expectations in the minds of the people involved **Activity** Complete Reflective Inventory **Attachment** Attachment is a pattern of interaction that develops over time as the infant or toddler and caregiver engage. Foundations of the CSEFEL Pyramid Model | Session 2 | Slide 9

Repeated interactions allow the infant or	
young child to learn what to expect from the	
other, his/her caregiver. These repeated	-
interactions lead to fairly predictable	
relationships.	
relationarips.	
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It is through this give and take pattern of	
"call and response" that infants and young	
children form deep emotional connections	
with their caregivers.	
"Attachment" describes these interactions,	
this emotional bond.	
this emotional bond.	
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Secure and insecure attachments are	
reflective of the quality of the relationships	
between caregivers and children.	
Young children make these connections with	
family members and with you, the childcare	
provider.	
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# **Examining Our Attitudes about Challenging Behaviors**

- · What behaviors push your buttons?
- How do these behaviors make you feel?
- How does this impact your relationship with a child and his/her family?

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### **Reframing Activity**

- · In pairs or in small groups:
  - Read the four examples listed and generate two to three other challenging behaviors and how you might reframe each one.
  - In reframing the challenging behaviors, do not come up with solutions but rather restate the behaviors to make them more manageable.

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### **Major Messages from Session 2**

- Strong relationships form the foundation of the Pyramid Model and are necessary for everything else caregivers do with young children.
- It is within families and caregiving relationships that children learn to experience and communicate emotion.
- In order to support the emotional wellness of infants and toddlers, as well as their families, we need to be aware of our own emotional history.

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