


# Handout 2.1: PowerPoint Presentation Slides

Foundations of the CSEFEL Pyramid Model **2**



**Session 2:**  
Social Emotional  
Development  
within the Context  
of Relationships

Massachusetts  
CSEFEL Pyramid Model  
Partnership  
Promoting Social Emotional Competence in Massachusetts' Young Children

Connected Beginnings  
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## Session 2 Agenda

- I. Introduction to Session 2
- II. The (CSEFEL) Pyramid Model
- III. Social Emotional Development within the Context of Relationships
- IV. Interactions, Relationships, and Attachment
- V. Developing Nurturing Responsive Relationships
- VI. Wrap up and Evaluation

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## Session 2 Learning Objectives

- Participants will be able to describe the importance of building relationships with infants and young children.
- Participants will be able to describe what is meant by “attachment” in social emotional development.
- Participants will be able to identify strategies for building nurturing and responsive relationships with young children.

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## CSEFEL Pyramid Model

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**The capacity to form close and trusting relationships with caregivers is critical to a child's developing capacity for:**

- Self-control
- Making friends
- Taking on challenges
- Exploring the environment and becoming an engaged learner

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### Relationships are Different from Interactions

- Relationships:
  - Have emotional connections
  - Endure over time
  - Have special meaning between the two people
  - Create memories and expectations in the minds of the people involved

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### Activity

*Complete Reflective Inventory*

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### Attachment

Attachment is a pattern of interaction that develops over time as the infant or toddler and caregiver engage.

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Repeated interactions allow the infant or young child to learn what to expect from the other, his/her caregiver. These repeated interactions lead to fairly predictable relationships.

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It is through this give and take pattern of “call and response” that infants and young children form deep emotional connections with their caregivers.

“Attachment” describes these interactions, this emotional bond.

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Secure and insecure attachments are reflective of the quality of the relationships between caregivers and children.

Young children make these connections with family members and with you, the childcare provider.

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**“Every child needs one person  
who is crazy about him.”**

- Uri Bronfenbrenner



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### Video 1.1: Adult Child Conversations



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### Examining Our Attitudes about Challenging Behaviors

- What behaviors push your buttons?
- How do these behaviors make you feel?
- How does this impact your relationship with a child and his/her family?

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### Reframing Activity

- In pairs or in small groups:
  - Read the four examples listed and generate two to three other challenging behaviors and how you might reframe each one.
  - In reframing the challenging behaviors, do not come up with solutions but rather restate the behaviors to make them more manageable.

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### Major Messages from Session 2

- Strong relationships form the foundation of the Pyramid Model and are necessary for everything else caregivers do with young children.
- It is within families and caregiving relationships that children learn to experience and communicate emotion.
- In order to support the emotional wellness of infants and toddlers, as well as their families, we need to be aware of our own emotional history.

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